

Nás na Ríogh Housing Association

Bringing Older Persons to the Heart of a
Vibrant Community

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- Nás na Ríogh Housing Association (NnRHA) is a voluntary, not-for-profit association with charitable status and is affiliated to the Irish Council for Social Housing
- It is managed by a voluntary board of directors
- The NnRHA development is located at McAuley Place in Naas, Co Kildare

NnRHA's development at McAuley Place, Naas

- 53 apartments in the centre of Naas town
- Community Centre
- Arts and Culture Centre
- Tea Rooms ('The Convent Tea Rooms')
- Volunteer Centre
- Plans for a Health through Learning Centre and Garden







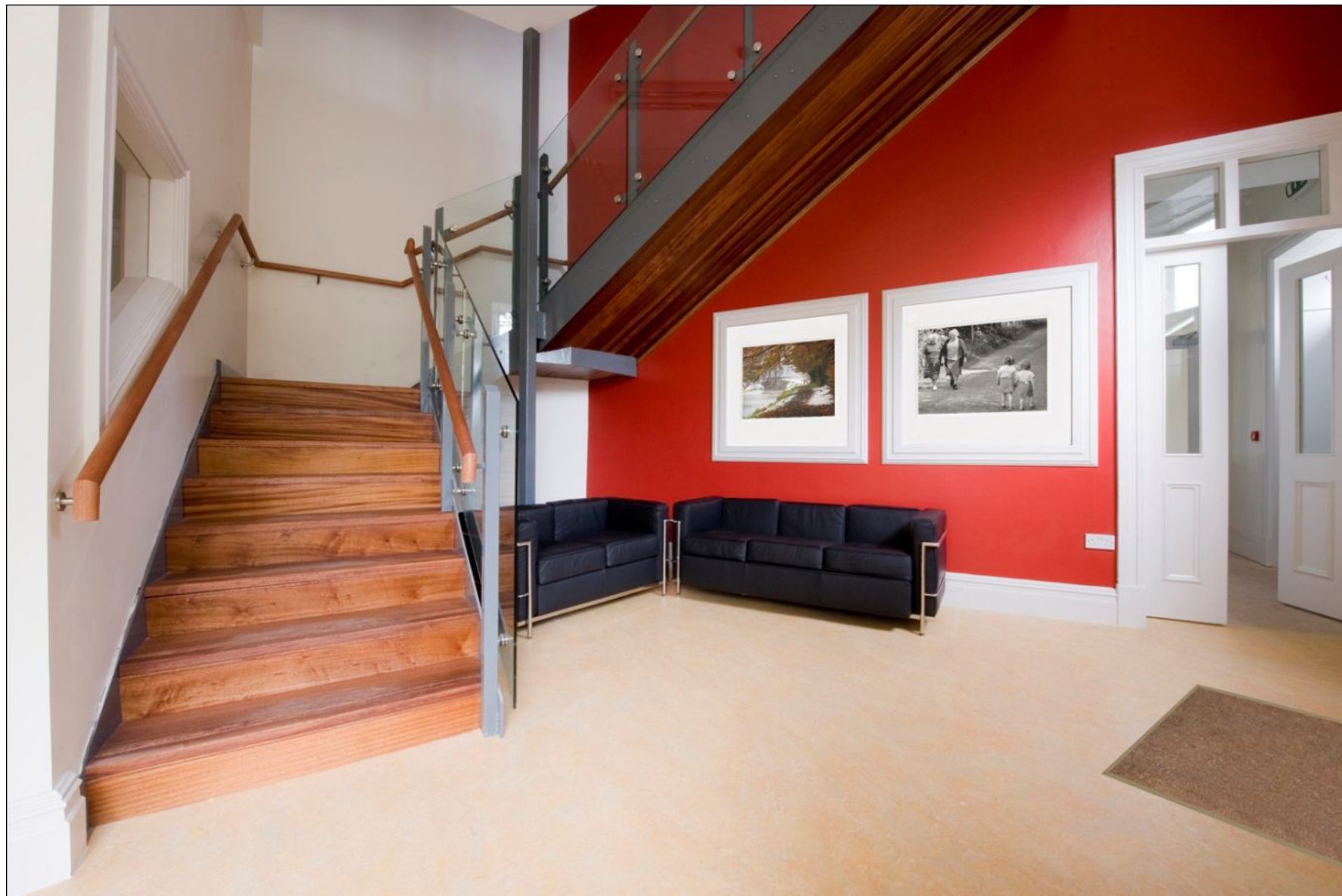






Community Centre





Interior of Community Centre



Arts and Culture Centre



The Convent Tea Rooms



Proposed Health through Learning Centre



Garden























Expectation of the unexpected!





Quotes from volunteers at McAuley Place

- *It keeps the mind right.*
- *I enjoy the banter with the staff.*
- *It is a lovely, bright and cheerful place to volunteer in.*
- *It is great to have interaction with people in the Tea Rooms, it gives me confidence talking with older people.*
- *It was great to have the opportunity to bake, to learn new skills.*
- *I would say hi to old people if I pass them on the street now. I used to feel they were looking and judging.*
- *Before I became a volunteer I used to hear the word "community", I didn't know what it really meant. Through all of this my world has become bigger and better.*
- *I see all ages mixing in my community cafe and want this to happen everywhere.*

Comments from participants in the Community Arts Project

- *We all have our own little things. You're getting my inner thoughts. The happiness I felt in this place is wonderful. This should continue. There are so many people missing something.*
- *I love this place. It's a very peaceful place.*
- *I had no grounding. This is a lovely space to come to.*
- *You can wander in, wander out. It's so creative.*
- *It would encourage you to be creative. Through the weeks here, it's encouraging. I've met so many young people here!*
- *This make me feel a lot better, I'm not taking my worries home with me.*

Comments from Tenants

- I have halved my pain medication since I moved in here.
- There are so many things to do here. It is great.
- I am secure in a cocoon of acceptance of being afraid.
- My brother would not be alive today if he had not moved in here.

